

ADJUTANTS CUP

RUN AND SHOOT

The run/shoot was an individually timed assessment that tested soldiers ability run fast and shoot straight. Soldiers were timed over a distance of 800m, loading of 10 rounds into a magazine and engaging a target at 100m from the standing unsupported position. Every round on target deducted 1 second from their time so it was imperative that they make it to the finish line with the composure to engage swiftly and accurately.

OBSTACLE COURSE

This challenge saw sections work together to scale high walls, traverse bars and rope entanglements and fight their way through a gruelling 1km obstacle course. The men must rely on their mates and trust their training to get them through as they work and fight as a unified team.

COMMS

All soldiers must be able to run fast, shoot straight and communicate; this stand tested their theoretical and practical knowledge of fighting for comms. Soldiers were assessed on their ability to program their radios, fault find and setting up of long range transmitting towers.

ARMY FIRST AID and CASEVAC

Not every soldier is a medic, but every soldier can treat a sucking chest wound, and casevac their mate within the golden hour. Soldiers were confronted with reality-based scenarios to test their ability to apply first aid, coordinate a HLZ and think on their feet.

MILITARY KNOWLEDGE and QUICK DECISION EXERCISES

Train smart, not hard. Soldiers were tested on Battalion history, weapon tabulated data and other general military knowledge. When their grey-matter had recovered, they problem-solved their way out of a series of team-based quick-decision exercises that tested their logical and cognitive processes.

TACTICAL EXAMINATION

Additionally the officer sections' battle cunning and tactical prowess were put to the test in a combat team level Tactical Exercise Without Troops (TEWT), in a nine hour intensive period where their ability to plan an attack and articulate their concepts was tested.

WEAPON TOETS

The profession of soldiering requires us to be brilliant at the basics, and there is nothing more basic than the Test of Elementary Training (TOET) on the F88 Austeyr, our primary protection and assault weapon. Soldiers were assessed on their weapon drills against the Pam.

STORES CARRY

No arduous activity or exercise is complete without a good old fashioned stores carry. Sections conducted the 3km round course carrying an extra 300kg of cumbersome mortar equipment that tested soldiers team work, drive to win toughness.

TRAILER PUSH and STRETCHER CARRY

A 2.8km track, do it once pushing a trailer, do it again carrying a stretcher: fastest time wins. If you didn't think Robertson Barracks had any hills, the sections pushing the one ton trailer and carrying the 100kg stretcher definitely found them over the specially designed course that tested soldier's teamwork

and mental fortitude.

CARDIO CIRCUIT

The Robertson Barracks PTI's earned their sadistic reputation with a ten-exercise pain-inducing circuit where soldiers competed for their sections to do the most repetitions on exercises like burpees, box jumps, medicine-ball slams and indoor rowing.

CONDUCT AFTER CAPTURE

Maintaining discipline and the drive to win in the face of adversity is the key stone of resilience. Soldiers were captured, bagged, and placed into cells where their ability to problem solve, escape and rescue their mates was tested.

AIRSOFT

Airsoft is a fantastic new training aid that has been introduced to 5 RAR. Using plastic pellets as a form of non-lethal training ammunition to replicate real bullets, simulates combat that supports reality-based training. Using gas-powered weapons similar to the M-4, sections take on enemy squads to clear objective buildings and evacuate civilians. The intent for Airsoft is to maximise realism in training, to progress past two-dimensional scenarios and to translate skills to real life experiences. Sections were assessed on their tactics, fighting prowess and battle-cunning.

The Exercise Tigers Challenge Champion Section was from Direct Fire Support Platoon, commanded by CPL Julian Pratt.

The Adjutants Cup was awarded to LT Tavis Harling, also from Direct Fire Support Weapons Platoon.